

January 2012 Menu – King's Café

		Wednesday Jan. 4	Thursday Jan. 5	Friday Jan. 6
		Meat Loaf & Crushed potatoes & veggies Cheese & Spinach Cannelloni in a tomato sauce	Spaghetti and Meatballs Chicken Breast in a cream sauce with rice & veggies	Chicken wings Chicken & Shrimp Chow Mein
Monday Jan. 9	Tuesday Jan. 10	Wednesday Jan. 11	Thursday Jan. 12	Friday Jan. 13
Fettuccini Alfredo / Ham Jerk Chicken Rice & Salad	Southern Style BBQ Gnocchi	Butter Chicken & Rice Beef Macaroni	Bratwurst sausage / Saffron Rice & Asparagus Portuguese style chicken & rice	Pork Souvlaki on pita Chicken quesadilla
Monday Jan. 16	Tuesday Jan. 17	Wednesday Jan. 18	Thursday Jan. 19	Friday Jan. 20
Mac & Cheese Curry Chicken & Rice	Seared Salmon & Saffron Rice with Veggies Chicken Pad Thai	Meat Lasagna / Garlic Bread & Salad Borenkool	Honey Garlic spare ribs & rice Chicken Cacciatore & Rice	Cheese Tortellini in a tomato sauce Fish & Chips